



BRITISH SANDWICH WEEK: FIVE BEST PLACES TO GET A SANDWICH IN CARDIFF

Five of the best places to get a sandwich according to TripAdvisor

British Sandwich Week (Monday, 20 May to Sunday, 26 May) is back to celebrate the delightful British staple; whether it's a bagel, bap or wrap, the sandwich is loved across the nation. If you're looking for a new sandwich shop, retailer, or chain to try out in Cardiff, or you want to see where your favourite ranks, you've come to the right place.

Cardiff is full of great places to pick up your favourite sandwich. However, in British Sandwich Week style, we have rounded up the best sandwich shops according to your TripAdvisor reviews.

TripAdvisor tells us there are many sandwich bars in Cardiff, so whether you prefer a tasty toastie, are pining a panini, or are craving a freshly made sub, you are spoilt for choice.

Sandwich suppliers across the city offer food-to-go and dine-in options for the people of Cardiff to enjoy their favourite bite. There are lots of exciting things happening in the sandwich scene in Cardiff, so here are the top five sandwich places to check out.

Five of the best places to get a sandwich in Cardiff

The Parc Deli

Where: [444A Cowbridge Road East, Cardiff CF5 1BJ Wales](#)

A small but welcoming deli, offering seating for up to 15 guests. The deli has created a home away from home, delivering amazing food that is not seen on your everyday menu.

Trip Advisor rating: 4.5

Review: "Me and my partner stopped off here for lunch, I had a nice ham and tomato sandwich, with thick crusty bread and nice thick ham. My partner had a nice toasty. Great place to go."

Fresh the Baguette Bar

Where: [32 Royal Arcade Morgan Quarter, Cardiff CF10 1AE Wales](#)

An extremely popular café offering a wide range of weekly changing fresh baguettes to the queues of people each lunch time,

Trip Advisor rating: 5

Review: “I'd go as far as saying Fresh is the best sandwich/baguette shop in the world...it's always busy which says a lot about the place. Definitely worth the queue. Despite how busy it is and no doubt stressful, the service is as good as the baguette

Whitmore + Jackson

Where: [10-11 Esplanade Buildings Friars Road, Barry CF62 5TJ Wales](#)

A popular café situated in Barry Island, known for its freshly made sandwiches, generous portions and great views of the beach.

Trip Advisor rating: 4.5

Review: “This place offers everything you want from a cafe, by which I mean they use ingredients with integrity, have a fantastic selection of salads, a choice of breads, sourdough, bloomer etc, huge portions and lovely staff. Thank you for existing. The brie sandwich here makes my life much brighter”.

Nata & Co Bakery Clifton

Where: [118 Clifton Street 118 Clifton Street, CF24, Cardiff CF24 1LW Wales](#)

Founded by Portuguese bakers after noticing a lack of authentic Portuguese pastries in the Cardiff area, Nata & Co has now grown to be Cardiff's very own little Portugal, which both locals and tourists visit to get their cravings for delicious & homemade food.

Trip Advisor rating: 5

Review: “This place was so great that I came back two days on a row. Great Portuguese pastry, typical snacks and food. Had one of their special menu offer of soup and a sandwich and it was really good. To top it up, the people working there are really the nicest! I'm sad I don't have a place like that where I live!”

Honeybee House Tearoom

Where: [38 Station Road Llanishen Village, Cardiff CF14 5LT Wales](#)

Trip Advisor rating: 5

A family-run, quirky, vintage tearoom, offering an excellent selection of sandwiches and cakes perfectly paired with a cup of tea.

Review: “Excellent value, good quality ingredients and lovely atmosphere. My first visit, despite the fact that I live very nearby. Will return as I would like to try the afternoon tea.”

ENDS

For additional information, images, and interview requests, please contact:

the press office team: (e) Claire@hoppr.co.uk

(t) 07860214067

Editors Notes:

About British Sandwich Week:

British Sandwich Week takes place from 20-26 May 2024. The annual event showcases the breadth, quality and innovation found within the UK’s sandwich and food-to-go sector. Find out more www.britishsandwichweek.com

Connect with us:

Social channels:

- Instagram: @britishsandwichandfoodtogo
- Twitter / X: @BritishSandwich
- Facebook: @British Sandwich & Food to Go
- TikTok: @britishsandwichfoodtogo

Hashtags:

#Britishsandwichweek #Britishsandwichweek 

#BritishsandwichweekGB#Britishsandwichweek2024 #BSW24

Website:

www.britishsandwichweek.com

About The British Sandwich & Food to Go Association:

The British Sandwich & Food to Go Association is a trade body established in 1990 to represent the interests of all those businesses involved and the food on the move industry. Members range from supermarkets and Food to Go manufacturers to sandwich bars, cafes and the suppliers of ingredients and equipment for the industry. As well as representing the interests of members to Government, the Association sets industry standards, as well as organising events such as British Sandwich Week and the annual The Sandwich & Food to Go Awards, also known as ‘the Sammies’.

